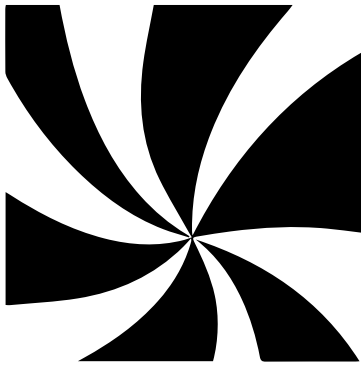


# LIVING FULLY WITH HIV

A NINE-WEEK PROCESS GROUP FOR HIV+ ADULTS



**PACIFIC  
CENTER**  
FOR HUMAN GROWTH

2712 Telegraph Avenue

Berkeley, CA 94705

510.548.8283

[www.pacificcenter.org](http://www.pacificcenter.org)

Nine weekly sessions covering themes relevant to living with HIV, such as:

- Living with a chronic illness
- Shame & stigma
- Race, age, income & discrimination
- Grief & loss
- Addiction & recovery
- Dating & romance

This is a group of no more than 10 people, open to adults of all genders who are living with HIV. We ask that prospective members commit to attending all nine meetings (with exception in case of emergency). Potential group members are screened before joining.

This is a process group, meaning that the focus is personal exploration and growth. In other words, you can expect a therapy group, not a support group or social gathering.

Group Leaders:

Evan Loofbourrow, MA, Associate Marriage & Family Therapist #102009  
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**TUESDAYS 4-5:30PM, SEPTEMBER 11 - NOVEMBER 06 , 2018**

**THERE IS NO FEE FOR THIS GROUP**

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